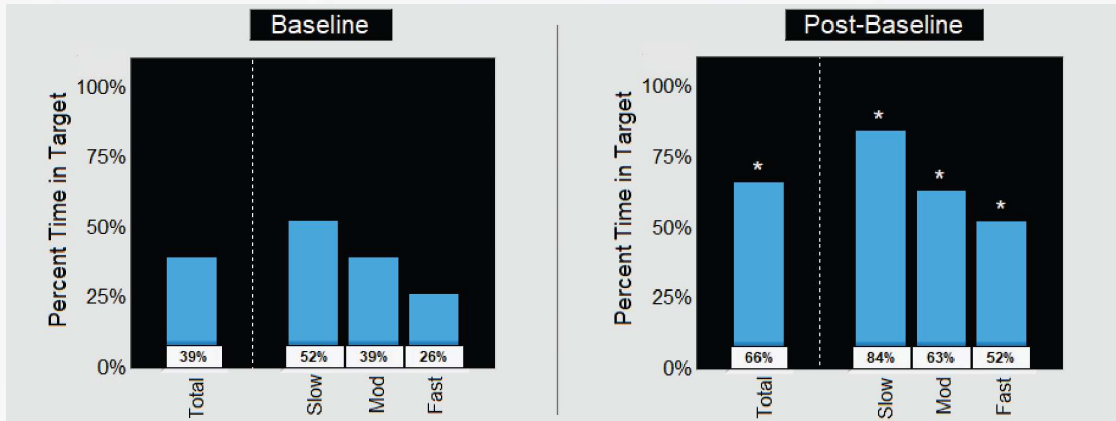


Target Tracking is a biofeedback-based training application designed for improving the weight shifting ability of an individual. During training a target circle moves across an image of the BTrackS Balance Plate surface on a computer screen. The individual being trained must shift their Center of Pressure (COP) to keep a yellow dot within the moving target. Target speed changes every 20-seconds from Slow to Moderate to High. Results are based on the overall percentage of time spent in the target during each speed condition.



Compared to Baseline, the most recent Post-Baseline results show an increased percentage of time in the target (\*) for four conditions (Total, Slow, Moderate, Fast). There was no change, or a decrease, in the percentage of time in the target for zero conditions.

**Baseline Results**

DATE	DUR	TOTAL	SLOW	MOD	FAST	NOTE
2/1/2018 3:47:02 PM	180	39%	52%	39%	26%	Initial Session

**Post-Baseline Results**

DATE	DUR	TOTAL	SLOW	MOD	FAST	NOTE
2/8/2018 3:20:10 PM	180	39%	52%	39%	26%	Post 1wk training
3/2/2018 4:24:24 PM	180	45%	58%	45%	33%	Post 4wk training
4/1/2018 2:27:11 PM	180	51%	64%	49%	39%	Post 8wk training
4/28/2018 3:37:54 PM	180	55%	71%	52%	40%	Post 12wk training
6/2/2018 3:41:18 PM	180	60%	75%	59%	45%	Post 16wk training
8/1/2018 1:44:12 PM	180	66%	84%	63%	52%	Post 6mth training

Notes: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Balance Tracking Systems**  
 3525 Del Mar Heights Rd., Suite 990  
 San Diego, CA. 92130  
 Tel: 888-811-0054  
 Fax: 888-811-0054  
 Email: info@balancetrackingsystems.com