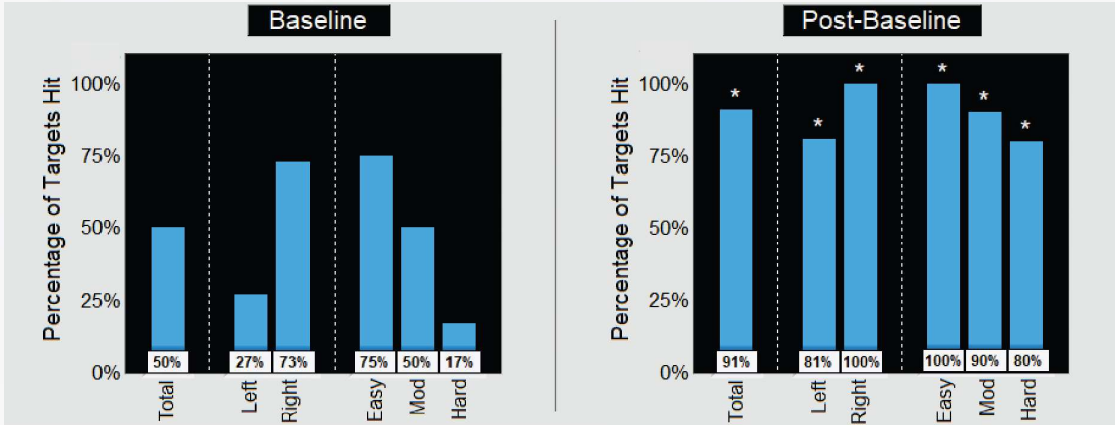


Left/Right Targets training is a biofeedback-based application designed for improving left/right weight shifting ability. Three target sizes (i.e. Easy, Moderate and Hard) are presented to the Left or Right of center on an image of the BTrackS Balance Plate on the screen. The individual being trained must shift their Center of Pressure (COP) to move a yellow dot into the target zones, and hold it for three seconds. Targets disappear after 10 seconds if a "hit" does not occur. Results are based on the percentage of targets hit within a session.



Compared to Baseline, the most recent Post-Baseline results show an increased percentage of targets hit (*) in six conditions (Total, Left, Right, Easy, Moderate, Hard). There was no change, or a decrease, in the percentage of targets hit in zero conditions.

Baseline Results

DATE	DUR	T	L	R	E	M	H	NOTE
2/1/2018 3:47:02 PM	180	50%	27%	73%	75%	50%	17%	Lt knee injury
LE	LM	LH	RE	RM	RH			
2/4=50%	1/4=25%	0/3=0%	4/4=100%	3/4=75%	1/3=33%			

Post-Baseline Results

DATE	DUR	T	L	R	E	M	H	NOTE
3/2/2018 4:24:24 PM	180	91%	81%	100%	100%	90%	80%	4 wks rehabilitation
LE	LM	LH	RE	RM	RH			
6/6=100%	4/5=80%	3/5=60%	6/6=100%	5/5=100%	5/5=100%			

Notes: _____

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