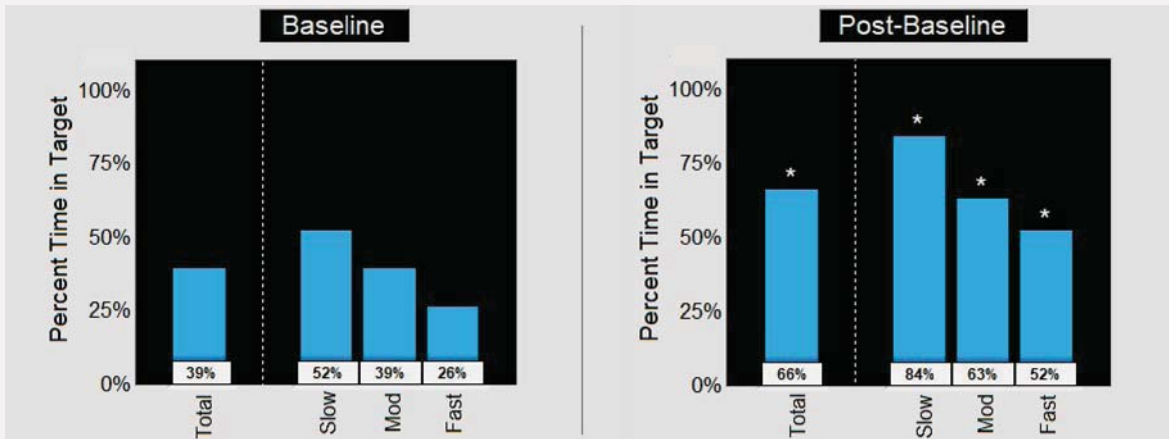


Target Tracking is a biofeedback-based training application for improving the weight shifting ability of an individual. During training a 7cm target moves across an image of the BTrackS Balance Plate on the screen. The individual being trained must shift their Center of Pressure (COP) to keep a yellow dot in the moving target. The target speed changes every 20 seconds from Slow to Moderate to High speeds. Performance is based on the overall percentage of time spent in the target during each speed condition.



Compared to Baseline, the most recent Post-Baseline results show an increased percentage of time in the target (*) for four conditions (Total, Slow, Moderate, Fast). There was no change, or a decrease, in the percentage of time in the target for zero conditions.

Baseline Results

DATE	DUR	TOTAL	SLOW	MOD	FAST	NOTE
2/1/2018 3:47:02 PM	180	39%	52%	39%	26%	Initial Session

Post-Baseline Results

DATE	DUR	TOTAL	SLOW	MOD	FAST	NOTE
2/8/2018 3:20:10 PM	180	39%	52%	39%	26%	Post 1wk training
3/2/2018 4:24:24 PM	180	45%	58%	45%	33%	Post 4wk training
4/1/2018 2:27:11 PM	180	51%	64%	49%	39%	Post 8wk training
4/28/2018 3:37:54 PM	180	55%	71%	52%	40%	Post 12wk training
6/2/2018 3:41:18 PM	180	60%	75%	59%	45%	Post 16wk training
8/1/2018 1:44:12 PM	180	66%	84%	63%	52%	Post 6mth training

Notes: _____

