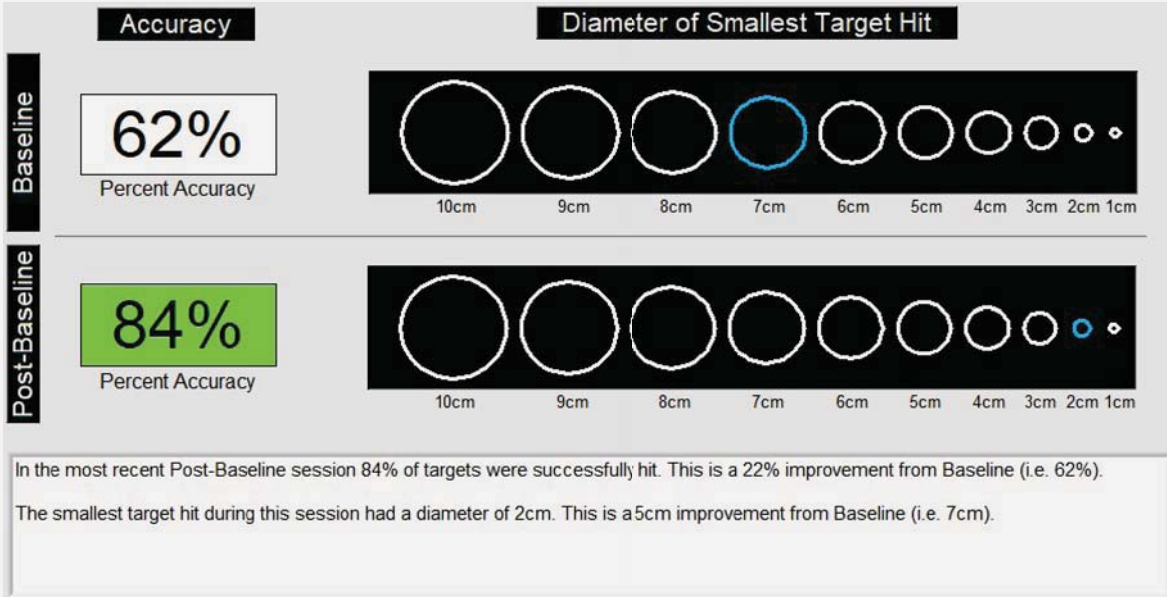


Random Targets training is a biofeedback-based application for improving the weight shifting ability of an individual. Ten target sizes (i.e. 1-10cm diameter) are presented in random locations on an image of the BTrackS Balance Plate on the screen. The individual being trained must shift their Center of Pressure (COP) to move a yellow dot into the targets, and hold that location for three seconds. Targets disappear after 10 seconds if a "hit" does not occur. Target size is based on performance, which is equal to the percentage of targets hit within a session.



Baseline Results

DATE	DUR	HITS/TAR	ACCURACY	SIZE	NOTE
2/1/2018 3:47:02 PM	95	8/13	62%	7cm	Initial Visit

Post-Baseline Results

DATE	DUR	HITS/TAR	ACCURACY	SIZE	NOTE
2/8/2018 3:20:10 PM	120	12/16	75%	6cm	Wk 1 Follow-up
3/2/2018 4:24:24 PM	180	18/22	82%	6cm	Wk 4 Follow-up
4/1/2018 2:27:11 PM	245	22/27	81%	5cm	Wk 8 Follow-up
4/28/2018 3:37:54 PM	360	26/30	86%	4cm	Wk 12 Follow-up
6/2/2018 3:41:18 PM	570	35/42	83%	3cm	Wk 16 Follow-up
8/1/2018 1:44:12 PM	600	42/50	84%	2cm	6 Month Follow-up

Notes: _____

