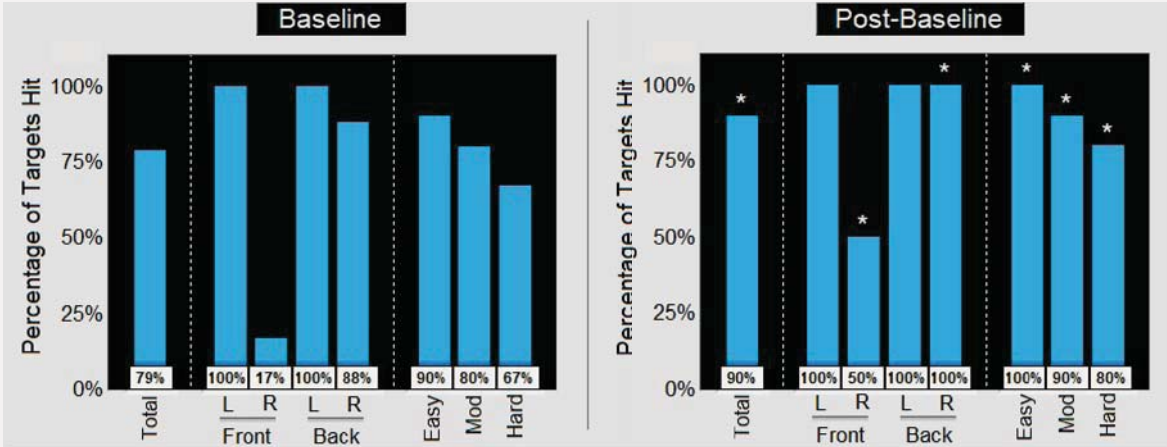


Diagonal Targets training is a biofeedback-based application for improving the diagonal weight shifting ability of an individual. Three target sizes (i.e. Easy, Moderate and Hard) are presented to the front left, bottom left, bottom right and front right quadrants on an image of the BTrackS Balance Plate on the screen. The individual being trained must shift their Center of Pressure (COP) to move a yellow dot into the target zones, and hold it for three seconds. Targets disappear after 10 seconds if a "hit" does not occur. Performance is judged by the percentage of targets hit within a session.



Compared to Baseline, the most recent Post-Baseline results show an increased percentage of targets hit (\*) in six conditions (Total, Front Right, Back Right, Easy, Moderate, Hard). There was no change, or a decrease, in the percentage of targets hit in two conditions (Front Left, Back Left).

**Baseline Results**

DATE	DUR	T	FL	FR	BL	BR	E	M	H	NOTE	
2/1/2018 3:47:02 PM	180	79%	100%	17%	100%	88%	90%	80%	67%	Rt Hip Replacement	
FLE	FLM	FLH	FRE	FRM	FRH	BLE	BLM	BLH	BRE	BRM	BRH
3/3=100%	3/3=100%	3/3=100%	1/2=50%	0/2=0%	0/2=0%	2/2=100%	2/2=100%	2/2=100%	3/3=100%	3/3=100%	1/2=50%

**Post-Baseline Results**

DATE	DUR	T	FL	FR	BL	BR	E	M	H	NOTE	
3/2/2018 4:24:24 PM	180	90%	100%	50%	100%	100%	100%	90%	80%	4 wks rehabilitation	
FLE	FLM	FLH	FRE	FRM	FRH	BLE	BLM	BLH	BRE	BRM	BRH
3/3=100%	3/3=100%	3/3=100%	2/2=100%	1/2=50%	0/2=0%	2/2=100%	2/2=100%	2/2=100%	3/3=100%	3/3=100%	3/3=100%

Notes: \_\_\_\_\_  
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